

WHAT IS YOUR POO TRYING TO TELL YOU?



CONSTIPATION

01

Separate, hard lumps



Hard, dry and difficult to pass.

02

Lumpy and clumped



Dry, lumpy and difficult to pass.



HEALTHY + HAPPY

03

Cracked sausage



Dry with cracks on the surface.

04

Smooth sausage



Smooth, soft and easy to pass.

CONSIDERED THE NORMAL RANGE.



DIARRHOEA

05

Soft blobs



Soft, with clear-cut edges. Passed easily.

06

Mushy consistency



Mushy with ragged edges. May be urgent.

07

Liquid



Watery with no solid pieces. Entirely liquid.

Multi-strain probiotic

Targeted recovery formula.
Protected delivery technology.



3-in-1 Multi-functional formula

Supports:

- Bowel regularity
- Gut function
- Digestive health